

Newsletter: School of Nursing

Inside....

BScN Accreditation	/ 2
Welcome Class of 2019!	
Olive Wahoush, McMaster	/ 2
Joshua Carvalho, MUNSS	/ 3
Donna Rawlin, Mohawk	/ 5
Lynn Voelzing, Conestoga	/ 6
Orientation Week 2014	/ 4
Emergency Alerts	/ 6
Graduate Nursing Program	/ 7
Leadership and Management Program	/ 8
New Website: Maureen Markle-Reid	/ 8
NCCMT Free Online Resources, Maureen Dobbins	/ 9
CardiacPain.Net, Michael McGillion	/ 10
SON Seminar Series 2014	/ 11
NERU Meetings 2014-15	/ 12

Message from the Associate Dean, Carolyn Byrne, RN, PhD

Welcome to the School of Nursing's inaugural newsletter. We are hoping to produce three to four of these newsletters each year and we encourage all of you to send in updates and announcements of the work you are involved in.

My first three months here at McMaster have been very exciting and energizing for me. I feel very privileged to be working in such a dynamic and innovative school and faculty.

The next few years will be a time for great change within the School of Nursing. As you are aware, schools of Nursing, faculties and universities across the county are facing increasing financial pressures. Our school is no different. One of my goals will be to bring financial stability and economic success to the school. To do this, we will need to review roles, responsibilities and accountabilities within the school, as well as look for efficiencies within our programs, increase our graduate student numbers, develop a clear research plan, establish a fundraising and endowment plan, and enhance our partnerships.

All of the above indicate many changes for our school. While change may be desirable, it brings about uncertainty and this is why I am focusing on clear and direct communication. The SON newsletter is one venue for communication with others. This fall, I will be starting a blog and our faculty meetings will now be held monthly to discuss progress on goals and issues arising in the school and beyond.

To quote Barack Obama, "Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek." I welcome each and every one of you to be part of this process.



"I feel very privileged to be working in such a dynamic and innovative school and faculty."

Message from the Director of Administration

Wendy Kubasik

I'm so grateful to have been given the opportunity to work with the faculty, staff and students in the McMaster School of Nursing! Over the past few weeks, I have had an opportunity to meet with almost all of our administrative staff and managers, and many of our faculty and students too. I am amazed by the dedication, energy, and loyalty that have been demonstrated by everyone. I am inspired by the creativity and appetite for engagement, communications, development, and change that have been conveyed to me, and I'm eager to learn from all of you. Working together, we can achieve our collective goals, and I look forward to partnering with you on new initiatives! Please don't hesitate to contact me if there are any administrative or operational issues that I can assist with.



BScN Accreditation 2014

Our program earned a SEVEN YEAR accreditation for ALL SITES, ALL STREAMS!

Well done everyone, and thank you everyone you were all involved in making the program what it is and in helping prepare the self-assessment report and then the visits by the accreditors. This has been a year of reviews for our School of Nursing and programs. Congratulations to students, staff and faculty who make our program what it is.

We have work to do for an interim report at McMaster on the evaluation of infrastructure changes; at Mohawk site this will be an update on scholarship key elements 4, 5 & 6, at Conestoga there is no interim report required. A recommendation is that Conestoga site report on peer reviewed scholarship of service (key element 4). Reports are due April 2017. This accreditation is an enormous success for our undergraduate program, thank you everyone for making our program great. Together we achieve excellence.

Welcome Class of 2019

Olive Wahoush, Assistant Dean, BScN Program, Vicki Benedetti, Admissions Coordinator

The School of Nursing at McMaster welcomed 146 students into Level 1 of the Basic stream. The class is made up of high school students who were admitted based on their overall average. The cut-off this year for high school students was 91%. Approximately 1,833 applications were received for the high school pool.

The 2-year Accelerated stream increased the number of spots to 72 from 42 in previous years (growth of 71%). The number of applications increased this year to 475, the highest number to date. The final number of confirmations for the Accelerated Stream was 73 and as a result of cancellations, 71 registered in September. A new online process was developed to review supplementary applications for this pool of applicants.

Newsletter Naming Contest: Win a Prize!

The new SON Newsletter needs a name! Please send your entries to Wendy Kubasik by October 17, 2014. The winning submission will receive a Tim Horton's gift card valued at \$25, and will be announced in the winter edition of the newsletter.

TABLE 1: BScN PROGRAM, FALL 2014

Site	Incoming	Total
Basic Stream		
McMaster	146	588
Conestoga	137	460
Mohawk	120	471
Alternate Streams		
Accelerated	71	120
RPN-BScN		
Conestoga	62	158
Mohawk	85	213

Many faculty members, current students, and alumni assisted with the new online process, and we are grateful for their assistance and support.

On September 2, 2014 we welcomed our highest number of new and returning students to our collaborative BScN program. Lots of excitement and high energy with all of our incoming students attending the first day events at McMaster. There will be some challenges ahead in placements for example but this numbers also a mark of recognition for our BScN program. Table 1 provides a brief overview of the basic stream (but please note that these numbers may change a bit in the first few weeks).

Best wishes from myself and the BScN faculty and staff for a happy and productive fall!

Hello and Welcome Back!

Joshua Carvalho, President, McMaster University Nursing Students' Society 2014-2015

The MUNSS executive and I are excited to welcome everyone back from the summer and yet again, we have had an amazing welcome week. I am thrilled to announce that in our efforts this summer to welcome students to their new home at McMaster, we placed 3rd out of 9 faculties in the Faculty Cup (a McMaster Student Union award for being the most engaged on campus with students) and raised over \$10,000 for Shinerama, a fundraiser for cystic fibrosis research. We may be smaller when compared to other faculties, but the nurses really came through and showed everyone how mighty and amazing we truly are!



One of the programs that we offer to our 1st year students is the Nursing Undergraduate Buddy (NUB) program. This program partners an incoming student with a student in the same stream in an upper year as a way to provide them with not only advice on how to navigate the system or how to learn in PBL, but also as a way to connect them with their community. (Knowing a good coffee or pizza place is just as important as knowing where to find the library reserve desk!) If you know of someone that wants a NUB still, feel free to email me.

In closing, it is great to see familiar faces on campus, and I cannot wait to engage the new class of 2018 in our 2014-2015 year of our executive.



Orientation Week for Faculty and Students

Olive Wahoush, Assistant Dean, BScN Program, Connie Heckbert, Coordinator of Studies Office

On August 26th, the School of Nursing hosted its annual Fall Faculty Orientation Day with 130 in attendance! Our new Associate Dean, Carolyn Byrne, provided those in attendance with an overview of her vision for the school, engaging those in attendance with a lively discussion. Welcome messages were provided by our partners at Mohawk and Conestoga Colleges, Donna Rawlins and Lynn Voelzing. There were several guest speakers including Gillian Schaible on professionalism in the Faculty of Health Sciences, and Patricia Perry and JoAnn de Jager who spoke about infection control. [Presentation slides](#) from each speaker are available in Avenue to Learn.



The day continued with more than 40 poster displays highlighting various Nursing and Health Science courses and workshops in the afternoon with topics such as Giving Feedback to Students, Grading a Scholarly Paper and Passing or Failing: A Tutor Dilemma. Overall, the day was engaging and very informative. Thank you to everyone who participated in the orientation.

I would like to take a moment to highlight a few important new items for 2014-2015. First, preparations for the **NCLEX** exam have advanced well, and are underway at all three sites. Second, a new leadership model for the BScN team at the McMaster site will be implemented this upcoming year. We will share more information in the next

edition of the SON Newsletter. Third, the **Community Embedded learning project** has been funded for \$500k over two years through the University Fund. The program will start this fall.

Additionally, there are a few **New Standards of Practice** that you should be aware of. New College regulation on Delegation: Dispensing a drug became a controlled act for RNs and Registered Practical Nurses (RPNs) in 2013. To support safe dispensing, the College's *Medications* practice standard was amended to include specific expectations related to dispensing. Please visit http://www.cno.org/Global/4-LearnAboutStandardsAndGuidelines/prac/learn/teleconferences/Dispensing_2014_Jan_13.pdf http://www.cno.org/Global/docs/prac/41007_Medication.pdf for additional details. **There are also new guidelines in the CNO webcast on Social Media** (and these should be reflected before you posted).



Welcome Back to the New Academic Year!

Donna Rawlin, Associate Dean, Collaborative Nursing and Health Sciences, Mohawk College



On behalf of the faculty and staff at Mohawk College, it is my privilege to welcome students and faculty back to a new academic year in our collaborative BScN program! I trust everyone had a restful and relaxing summer break, enjoyed the orientation and return to campus activities this month and are now ready to embrace this upcoming year.

My name is Donna Rawlin and I am the Associate Dean for the Nursing programs at Mohawk College. I represent a group of dedicated faculty and staff who support students in their program of choice! I also work closely with administrators' at all three sites to ensure you have a rewarding learning experience in our program, regardless of delivery site. As you may be aware, the Mohawk site of our collaborative program offers program delivery at IAHS on McMaster Campus as well as in collaboration with Six Nations Polytechnic in Ohsweken. Our site offers additional nursing programs such as Personal Support Worker and Practical Nursing, including bridging pathways between all nursing programs. With a rich intra-professional learning environment, we are ready to offer advanced nursing education in a variety of roles using state of the art simulation and technology to support student learning.

While it can be challenging to deliver consistency across all sites, our tri-site goal is to maintain effective and efficient operational practices as well as develop new processes when change is required. We work collaboratively using innovative and evidence-based practices to ensure quality program outcomes and decision-making that supports our program's strategic plan and vision for the future.

Our operational administrative team welcomes student feedback about our program, working closely with MUNSS to organize regular Town Hall meetings at our respective sites so we can hear direct student feedback. Watch for these sessions and I look forward to meeting students and faculty from all sites throughout the school year. Have a wonderful fall term!



Greetings from Conestoga College

Lynn Voelzing, Chair Nursing Programs, Conestoga College ITAL



Greetings everyone, from the faculty and staff team here at Conestoga College and welcome to the McMaster, Conestoga, Mohawk, Collaborative BScN program. I am excited to have this opportunity to tell you more about the Conestoga College 'partner' of the consortium.

The Collaborative BScN Program at Conestoga is a part of the Nursing Family of programs in the School of Health & Life Sciences and Community Services. These programs include Practical Nursing and Personal Support Worker. This affords us unique opportunities for interprofessional

teaching and learning. With programs such as the Paramedic, Respiratory Therapy, OTA/PTA, Pre-service Fire, Social Service Worker and Police and Security also sharing our home in the Cowan Health Sciences building, intraprofessional opportunities abound as well. Many BScN students engage in the activities supported by the Waterloo Intraprofessional Health Science Club (WIHSC), known for their "Car Fire" and "Ice Rescue scenarios.

This September saw 135 new 1st year students enter into the BScN program, Basic Stream and 62 into the RPN to BScN Bridge. We were excited to see many attend student orientation since we all appreciate how this jumpstarts their journey. The usual scheduling and room booking issues haunted us again but as nurses we always have a number of contingencies for every plan and strategies to improve for next time. We also welcomed back many familiar McMaster faculty and initiated some new ones. The new Communication Hub for students and faculty was established in *myConestoga* intent on enhancing connectivity for everyone with both this site and with McMaster.



I hope this has provided you with some insight into what's happening at Conestoga. We will continue to bring you updates quarterly via this tool and others. Best wishes for a wonderful semester!

Emergency Alerts

Security Services is pleased to announce that we have an additional method for all members of the McMaster Community to receive emergency alerts. Alertus Desktop is a software program licensed by McMaster for delivering emergency notifications to desktop and laptop computer systems. When activated by security, Alertus will pop up a full-screen alert, taking over the whole screen of your computer with a warning that is impossible to miss. Alertus Desktop is available for Windows and Mac computer



Edition 1: School of Nursing Newsletter, September 2014 / 6

systems. In order to receive this message you must be connected to the university network at the time the message is sent out. You can also acknowledge the message and continue to work if it is safe to do so. We would also like to remind the community of other methods to receive emergency notifications, such as registering your cell phone for SMS messages.

For more information and to download the software please visit http://security.mcmaster.ca/campus_emergencies.html

Graduate Nursing Program 2014-2015

Jennifer Skelly, Assistant Dean, Graduate Nursing Program

The Graduate Nursing Program welcomed 29 new students into the class of 2014. They are enrolled in a variety for our programs including PhD, MSc thesis and course based, MSc/NP and NP Diploma. Twenty three attended the Orientation on Tuesday September 3rd 2014 pictured below. They join the returning 65 students at various points in their studies. Forty students will graduate this year, 4 last June and 36 in the November Convocation.



This year we were able to provide scholarships to our students enrolled in full time studies at both the PhD and MSc level. As one of our recipients told us *"I am truly grateful for all of the educational opportunities that have come my way since beginning my MSc. However, balancing funding as a full-time graduate student is a difficult ongoing challenge. This recent financial support will allow me to further focus on my studies."*



The Graduate Seminars which run every other Tuesday at lunch time are well attended by both our PhD and MSc students and provides them with an opportunity to interact with our graduate faculty and learn about a wider variety of topics related to advanced practice and research.

We will be hosting our Annual Open House for potential students on Friday October 24th 2014. Last year we had 90 people attend the event so this year we will be utilizing the hallways in the SON to display the research posters to ensure that is enough seating in 2J13.

To learn more about us, please visit http://fhs.mcmaster.ca/nursing/education_graduate.html.

Leadership and Management Program: Leadership for Today and the Future

Colleen McKey, Assistant Dean and Associate Director, School of Nursing



Health care is facing complex challenges and exciting opportunities. Proactive and effective leaders from the bedside to the boardroom are essential to the successful transformation of the system. The Leadership and Management Program (LMP) provides innovative interprofessional education to formal and informal leaders in all sectors of health care. As the Program completes its 21st year it is recognized locally to internationally for providing rich and responsive leadership education to over 7,600 learners.

The LMP has grown from the one course that was transferred from the Canadian Nurses Association to the six courses offered today in the interprofessional Program. Learners may take one course or complete all six courses to be awarded the Health Care Leadership and Management Program Certificate of completion. A number of learning modalities are used including face to face classroom learning, synchronous web-conferencing, and 1:1 distance education with an educational consultant.

In addition to formal courses, the Program works with health care organizations in building leadership capital to support their succession planning strategies. Interprofessional Workshops, Leadership Institutes, and leadership consultations with health care organizations are also offered.

Future plans for the Program include offering the courses through an asynchronous education platform, continuing to build relationships with the Long Term Care sector and examining opportunities to offer courses as the graduate level.

For up to date course offerings and Program details visit the website at www.leadershipandmanagement.ca

New Website: Maureen Markle-Reid, CRC



Announcing Maureen Markle-Reid's Canada Research Chair Website in Aging, Chronic Disease and Health Promotion Interventions. Please visit <https://chru.mcmaster.ca/> to learn more about Maureen's research projects aimed at developing and evaluating the effectiveness of new and innovative interventions to reduce the impact and burden of chronic disease among vulnerable, community-living older adults with multiple chronic conditions. This research was undertaken, in part, thanks to funding from [the Canada Research Chairs program](#) and [School of Nursing, McMaster University](#).

Free Online Resources to Support Teaching and Learning from the NCCMT

The National Collaborating Centre for Methods and Tools (NCCMT), one of six NCCs for Public Health in Canada, has been part of McMaster's School of Nursing (SON) since its inception in 2007. The Centre is now led by scientific director and School of SON professor **Dr. Maureen Dobbins**.

Among NCCMT's products and services of particular interest to educators are a suite of self-paced, interactive online learning modules and a series of short instructional videos.

Free online modules support evidence-informed public health

Users create and login to an account in NCCMT's Learning Centre to access a suite of modules that provides a solid foundation in the principles and skills required to implement NCCMT's seven-step process of evidence-informed public health.

The modules are used by post-secondary educators in Canada and abroad. One professor states, "I'm registered with and using the Learning Centre. I'm asking the students to register and go through part of the searching module. I hope this will create a long relationship between the students and the NCCMT."

Videos demystify statistical terms

Understanding Research

Evidence videos explain some important terms that are commonly encountered when looking at research evidence. Dr. Dobbins narrates these concise videos using plain language, realistic public health examples and engaging visuals. A US university professor recently wrote, "While preparing for this year's course and looking at my previous lecture, I came upon your videos. They cover much the same material and are more interesting than my PPT slides."

More information on products and services is available on the NCCMT website at www.nccmt.ca/resources/multimedia-eng.html#ure.





CardiacPain.Net: Harnessing the Power of Social Media for Knowledge Dissemination

In April 2014, [CardiacPain.Net](#) was launched- a multi-media resource centre designed to aid people living with persistent forms of cardiac pain, as well as clinicians who struggle to help people manage these challenging conditions.

[CardiacPain.Net](#), led by Dr. Mike McGillion of the School of Nursing, is a CIHR-funded strategic partnership of McMaster University, [Elsevier](#), [Canadian Cardiovascular Society](#), the [Heart and Stroke Foundation](#), the [Canadian Pain Coalition](#) and [Argyle Communications](#), a major public relations firm in Canada.

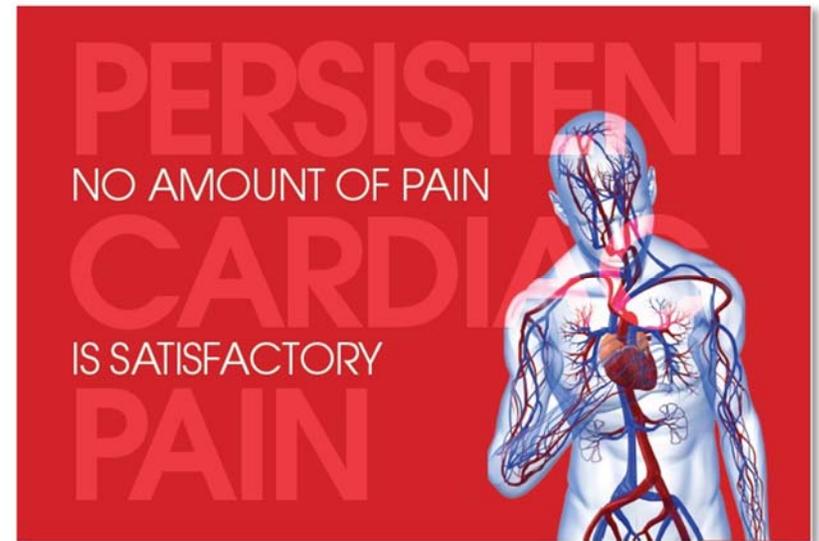
“Our intent was to build the resource centre in partnership with patients and to disseminate the information as broadly as possible” said McGillion, who holds the [Heart and Stroke Foundation/Michael G. DeGroot Chair in Cardiovascular Nursing](#).

Six months later, [CardiacPain.Net](#) shows no signs of slowing down. The [CardiacPain.Net](#) team has reached nearly 5,000 end users in 26 countries, across 5 continents, and the conversation is growing. Fueling the campaign is a coordinated social media strategy, targeting influencers—in both the general public and clinical domains—with expansive reach. Operationally, this means holding creative planning sessions on a biweekly basis and thinking carefully about the content and design of the monthly conversation calendar, on Twitter, for example. “We’ve learned”, said McGillion, “that engaging a single end user means generating approximately 90 web-based impressions through personal stories of living with persistent cardiac pain, our latest research findings, and images which draw the eye of our end-user community.”

Perhaps most crucial to the success of the [CardiacPain.Net](#) outreach strategy is the facilitation of creative input from multiple stakeholder groups, including those living with persistent forms of cardiac pain. “We work together” said Nick Williams of [Argyle Communications](#), “As a team, we use our collective expertise to incorporate video content, created by our affected citizen team members, into our tweets.” Collaborative strategies such as these engage not only those affected by persistent forms of cardiac pain but also those who are challenged by them, clinically, as well as advocacy groups seeking to raise awareness.

Six months in, the [CardiacPain.Net](#) team is now meeting with interested community stakeholder groups who have approached them about possible expansion of the resource centre, to include a section on emerging technologies for treating refractory angina, one of the conditions addressed in the integrated outreach strategy.

“It’s exciting” said Dr. Sandra Carroll, a core team member, also of the School of Nursing, “social media has been a powerful tool to engage the community, who is taking an active part in knowledge dissemination with us.” Follow the [CardiacPain.Net](#) team @CardiacPain.RC to join the conversation.



School of Nursing Seminar Series 2014-2015

Wendy Sword, Assistant Dean, Research

Planning for the School of Nursing's seminar series is well underway, and I'm pleased to announce the following seminars. Of note, our SON students and graduate students have been invited to attend the series this year – and we hope to see you there!



All seminars will take place at McMaster University, Health Sciences Centre (HS2J13) from 1:00 to 2:00 p.m.

Monday, Oct. 6, 2014

Title: Long-term trends in the incidence and relative survival of lung cancer patients in Canada

Presenter: Noori Aktar-Danesh, MSc, PhD, Associate Professor, School of Nursing, & Associate member, Department of CE&B, McMaster University

Issue for Discussion: Pros and cons of using existing datasets

Facilitator: Wendy Sword, RN, PhD, Professor and Assistant Dean (Research), School of Nursing, McMaster University

Monday, Nov. 3, 2014

Title: Persistent pain in cardiovascular populations: A program of research driven by citizen engagement

Presenter: Michael McGillion, RN, PhD, Assistant Professor, School of Nursing, & Affiliate Researcher, Population Health Research Institute, both at McMaster University; Heart and Stroke Foundation/Michael G. DeGroot, Endowed Chair in Cardiovascular Nursing Research; International Visiting Professor of Cardiovascular Nursing, Faculty of Health and Life Sciences, Coventry University

Monday, Dec. 1, 2014

Title: Evaluating clinical learning outcomes in the kaleidoscope curriculum

Presenters:

- Janet Landeen, BScN, MEd, PhD, RN, Associate Professor, School of Nursing, McMaster University
- Lynn Martin, BScN, MScN., Ed.D, RN, Assistant Professor, School of Nursing, McMaster University
- Charlotte Noesgaard, BScN, MScN, RN, Associate Professor, School of Nursing, McMaster University
- Kirsten Culver, BScN, PhD, RN, Assistant Professor, School of Nursing, McMaster University

Issue for discussion: Using Interpretive descriptive qualitative research design in educational research

Facilitator: TBD

Nursing Education Research Unit (NERU) Meetings

Charlotte Noesgaard & Jan Landeen, Co-Directors of NERU

We are excited to begin a new chapter in NERU as we collectively endeavor to support our scholarship of teaching and learning. As we heard at our Faculty Orientation sessions in August, we are all called upon to increase our publications about our teaching and learning strategies. We hope that NERU can support all interested parties in doing just that. Faculty, graduate students and interested BScN students are invited to attend (BScN students please contact Betty McCarthy for details - bmccarth@mcmaster.ca).

Note Dates & Times: Bi-monthly meetings will be held on **Mondays from 1430-1530 in HSC 2J13. Specific Dates: October 20th, December 15th, February 23rd, April 20th and June 15th.** The topic for the October 20, 2014 meeting is "NERU and its role to promote scholarly activities: brainstorming, connecting, and announcements". All sites are invited to attend either in person or through Blackboard Collaborate. Links for each meeting are circulated via email, but please do let us know if you have anyone you would like to add to our email distribution lists. We hope to see you there!

Reach Out!

We would love to receive your updates, articles and photos! The SON Newsletter will be published quarterly. Please do contact the SON Newsletter's Editor, Wendy Kubasik, for further information.

Office of the Associate Dean, School of Nursing

Carolyn Byrne

Associate Dean and Director, School of Nursing
cbyrne@mcmaster.ca, Tel: (905) 525-9140, x 22400

Wendy Kubasik

Director of Administration & Editor, SON Newsletter
wkubasik@mcmaster.ca, Tel: (905) 525-9140, x 22087

Sue Giavedoni

Executive Assistant
giavedon@mcmaster.ca, Tel: (905) 525-9140, x2240



Remembering our History: Nurses being
bused to McMaster University for
Convocation, 1942

<http://www.oha.com/ABOUTUS/HISTORY/Pages/ALookBack.aspx>